

## The Transformative Properties of Horticulture Explored in Madison Squared Park Conservancy's Second Annual Horticultural Symposium on November 15, 2019

For its second annual **Horticulture Symposium**, Madison Square Park Conservancy will gather experts in the fields of landscape design, horticulture therapy, and forest therapy to discuss the significance of access to public green spaces in our city. With a diverse lineup of speakers and a keynote presentation by Amos Clifford, founder of the Association of Nature and Forest Therapy Guides and Programs , the symposium will explore the role green spaces play in our mental health and physical well-being, initiatives that build restorative landscapes in our communities, and what the future holds for horticulture therapy programs in the face of the climate crisis..

Attendees will have the opportunity to participate in collaborative activity led by Black Urban Growers (BUGS). The event will conclude with an optional, guided Forest Bathing session in Madison Square Park, led by author an keynote speaker, Amos Clifford.

**Free and open to the public**. The event will be held on November 15, 2019, in Eataly's rooftop restaurant SERRA by Birreria overlooking the Park. RSVP is appreciated, please respond to: <a href="mailto:symposium@madisonsquarepark.org">symposium@madisonsquarepark.org</a>.

WHAT Madison Square Park Conservancy's Horticultural Symposium

The Transformative Properties of Horticulture

WHEN November 15, 2019, from 9AM to 1PM

**WHERE** Eataly's SERRA by Birreria

200 Fifth Avenue, New York, NY 10010

**WHO** This year's speakers include:

- **Amos Clifford** Founder of the Association of Nature and Forest Therapy Guides and Programs and author of the bestselling *Your Guide to Forest Bathing*
- Gwenn Fried Manager of Horticultural Therapy Services at the New York University Langone Medical Center
- Naomi A. Sachs Associate Professor in the Department of Plant Science and Landscape
   Architecture at the University of Maryland and Founding Director of the Therapeutic Landscapes
   Network
- **Stephanie Lucas** Deputy Director of Horticulture and Operations at Madison Square Park Conservancy

## **About Madison Square Park Conservancy**

Madison Square Park Conservancy cultivates and enlivens Madison Square Park, a dynamic seven-acre public park in New York City's Flatiron District and one of the city's most treasured greenspaces. Through its horticultural stewardship, public-art commissions, and engaging programming, the nonprofit organization creates an urban oasis that welcomes a diverse community of more than 60,000 visitors each day.

## For more information and images, please contact:

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